

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Business hours Open at 7:30a.m. Close 4:30 p.m.	PLEASE COME SUPPORT OUR PROGRAM BY EATING LUNCH WITH US SUGGESTED DONATION \$2.00	Lunch is served from 11:30 to 12:30 & Salad Bar	If you do physical fitness and Can't make it to lunch please Feel free to stop by the office and make a donation. Every little bit helps.	7:30 Open Gym 8:30 Zumba 11:30 Enhance Fitness 1:00 Bingo 1:00 Open Gym
4	5	6	7	8
7:30 Open Gym 9:00 Yoga 11:30 Enhance Fitness 1:00 Billiards 1:00 Open Gym 1:00 Mahjong	7:30 Open Gym 8:15 Pilates 9:30 Zumba 11:30 Cinco de Mayo Celebration Nacho Bar 1:00 Mahjong Mavens 1:00 Billiards 1:00 Open Gym	7:30 Open Gym 10:00 Project Linus 1:00 Memorial & Tea Party for Rosemary DeLara <u>No afternoon activities</u>	7:30 am Open Gym 8:15 am Pilates 9:30 Yoga 11:30 pm Enhance Fitness 1:30 Beginner Fused Glass <u>2:00 Chair Volleyball</u> 1:00 pm Open Gym	7:30 Open Gym 8:30 Zumba 11:30 Enhance Fitness 1:00 Bingo 1:00 Open Gym
11	12	13	14	15
7:30 Open Gym 9:00 Yoga 11:30 Enhance Fitness 1:00 Billiards 1:00 Open Gym 1:00 Mahjong	7:30 Open Gym 8:15 Pilates 9:30 Zumba 10:00 Medicaid Assistance 101 11:30 Volunteer Luncheon - Quesadas @ Santa Ana 1:00 Mahjong Mavens 1:00 Billiards 1:00 Open Gym	7:30 Open Gym 10:00 Project Linus 1:00 Mo Fit 1:00 1:00 Mexican Train 3:15 Tai Chi	7:30 Open Gym 8:15 Pilates 9:30 Yoga 11:30 Enhance Fitness 1:30 Beginner Fused Glass <u>2:00 Chair Volleyball</u> 1:00 Open Gym	7:30 Open Gym 8:30 Zumba 10:00 Teeniors 11:30 Enhance Fitness 1:00 Bingo 1:00 Open Gym
18	19	20	21	22
7:30 Open Gym 9:00 Yoga 11:30 Enhance Fitness 12:30 Card making w/ Kathy 1:00 Billiards 1:00 Open Gym 1:00 Mahjong	7:30 Open Gym 8:15 Pilates 9:30 Zumba 11:00 Mindful Meditation 1:00 Mahjong Mavens 1:00 Billiards 1:00 Open Gym	7:30 am Open Gym 10:00 Project Linus 1:00 Mo Fit 2:00 Advisory Council Meeting 3:15 Tai Chi	7:30 Open Gym 8:15 Pilates 9:30 Yoga 11:30 Enhance Fitness <u>2:00 Chair Volleyball</u> 1:00 Open Gym	7:30 Open Gym 8:30 Zumba 11:30 Enhance Fitness 11:30-12:30 BIRTHDAY SOCIAL 1:00 Bingo 1:00 Open Gym
25	26	27	28	29
Closed for Holiday 	7:30 Open Gym 8:15 Pilates 9:30 Zumba 11:00 Mindful Meditation 1:00 Mahjong Mavens 2:00 Party Planning & Activity Committee & snacks 1:00 Billiards	7:30 Open Gym 10:00 Project Linus 1:00 Mo Fit 11:30 Enhance fitness 1:00 Mexican Train 3:15 Tai Chi	7:30 Open Gym 8:15 Pilates 9:30 Yoga 11:30 Enhance Fitness <u>2:00 Chair Volleyball</u> 1:00 Open Gym	7:30 Open Gym 8:30 Zumba Site will close after Zumba. 9:00 Sandoval County Senior Picnic @ LUNCH AT Bernalillo Rotary Park <u>NO LUNCH AT OUR SITE TODAY</u> <u>NO AFTERNOON ACTIVITES</u>