




MAY 2026



				FRIDAY 1
Senior Meal Suggested Donation Lunch \$2.00 Under 60 years \$6.00 Menu Subject to Change Lunched Served from 11:30 am - 12:30 pm	ALL CENTERS CLOSED FOR SENIOR PICNIC AT ROTARY PARK IN BERNALILLO FRIDAY THE 29TH	LF Milk Served w/Each Meal Can Fruit in Light Syrup WW= Whole Wheat GC=Green Chili RC=Red Chili HM = Honey Mustard		Carne Adovada Pinto Beans Spinach and Carrots Flour Tortilla Tropical Fruit Salad
MONDAY 4*	TUESDAY 5*	WEDNESDAY 6*	THURSDAY 7	FRIDAY 8*
Sloppy Joe Sandwich Peppers and Onions Steamed Broccoli Fresh Apple	GC Pork Stew w/Potatoes, onion, Diced Tomato Flour Tortilla, Sliced Beets Tossed Salad w/LF Dressing Fresh Orange Salsa Contest After Lunch	Ham and Cheese Sandwich Lettuce Leaf, Tomato, Pickle Chips Carrot & Raisin Salad 3 Bean Salad Fruit Salad	Salisbury Steak Mushroom Gravy Mashed Potatoes Veggie Blend WW Roll w/Margarine Fresh Pear	Pork Tamale Pinto Beans Zucchini and Diced Tomatoes Flour Tortilla Fresh Watermelon
MONDAY 11*	TUESDAY 12*	WEDNESDAY 13*	THURSDAY 14*	FRIDAY 15
Country Fried Steak Mashed Potatoes Mushroom Gravy Steamed Green Beans Green Salad w/LF Dressing Chilled Pineapple Chunks	Pineapple Glazed Chicken Thigh Over Steamed Rice Vegetable Medley Spiced Sliced Peaches	Red Chili Beef Enchiladas Lettuce and Tomato Pinto Beans Capri Veggie Blend Chilled Mandarin Oranges	Fish Filet Sandwich Tartar Sauce Sun chips CA Blend Veggies Chilled Apricots	Meatloaf w/Mashed Potatoes Mushroom Gravy Green Salad w/LF Dressing Bahama Veggie Blend Chilled Fruit Cocktail
MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
Pulled Pork Sandwich W/BBQ Sauce, Pickle Chips Red Onion Slice Black-eyed Peas/Spinach Chilled Fruit Salad	Chef's Salad w/Chicken, Tomato, Cheese & Egg Cucumber, Carrots, Cabbage WW Roll w/Margarine Chilled Fruit Salad	RC Frito Pie W/Beans and Cheese Calabacitas Chilled Applesauce	Fettuccine Alfredo Italian Blended Veggies Green Salad w/LF Dressing Fresh Strawberries	Hot Dog w/Must & Relish Steamed Carrots Cucumber/Tomato Salad HB Egg Shell on Cantaloupe
MONDAY 25	TUESDAY 26*	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
 All Centers Closed HAVE A SAFE Memorial Day	Egg Salad Sliders 3 Bean Salad Fresh Grapes Yogurt	Baked Ham Lemon Herb Orzo Roasted Brussels Sprouts Fresh Steamed Spinach Fresh Strawberries	Santa Fe Chicken Chuckwagon Corn Squash and Dice Tomatoes Spanish Rice Baked Spiced Apple Slices	SENIOR PICNIC Cheeseburger w/Lettuce, Tomato, Onion, Pickle Spear Baked Beans Potato Salad & Coleslaw Watermelon

FINAL