



# January 2026



MENU SUBJECT TO CHANGE	L F Milk Served w/Each Meal Can Fruit in Light Syrup WW= Whole Wheat GC=Green Chili RC=Red Chili HM = Honey Mustard	THURSDAY 1	FRIDAY 2*	
<b>MONDAY 5</b>	<b>TUESDAY 6</b>	<b>WEDNESDAY 7*</b>	<b>THURSDAY 8</b>	<b>FRIDAY 9*</b>
Black-eyed Peas and Ham Steamed Spinach Fresh Baked Cornbread w/Margarine/Honey Garden Salad w/LF Dressing Fresh Honeydew Melon	Hot Dog Steamed Island Veggies Fresh Baked Red Potato Wedges LF Vanilla Yogurt Chilled Fruit Cocktail	Carne Adovada Burrito Pinto Beans Steamed Veggie Medley Chilled Pineapple Tidbits Yellow Cake Whip Topping	Meatball Sandwich On a Hoagie Roll Pasta w/Marinara Sauce, Parmesan Steamed CA Blend Veggies Chilled Strawberries	BBQ Pork Sweet Potato Fries Collard Greens WW Roll w/Margarine Chilled Mandarin Oranges
<b>MONDAY 12*</b>	<b>TUESDAY 13*</b>	<b>WEDNESDAY 14*</b>	<b>THURSDAY 15</b>	<b>FRIDAY 16</b>
Pepper Steak Lemon Herb Orzo Winter Blend Vegetables Green Salad w/LF Dressing Chilled Applesauce	Santa Fe Chicken Black Beans and Corn Cilantro Lime Rice Streamed Chateau Blend Veggies Chilled Fruit Salad	Mushroom Marinara Lasagna Steamed Italian Green Beans With Garbanzo Beans Caesar Salad w/Tomato, Onion, & LF Dressing Diced Peaches	2 Chicken Tacos Beans De La Olla Steamed Spinach Lettuce/Tomatoes Chilled Tropical Fruit	Baked Salmon w/Lemon Butter Rice Pilaf Honey Glazed Baby Carrots Garden Salad w/LF Dressing Fresh Orange
<b>MONDAY 19</b>	<b>TUESDAY 20*</b>	<b>WEDNESDAY 21*</b>	<b>THURSDAY 22*</b>	<b>FRIDAY 23</b>
Martin Luther King Day All Centers Closed Closed	Parmesan Chicken Polenta w/Marinara Steamed Italian Vegetables Caesar Salad w/Tomato, Onion, & LF Dressing Fresh Grapes	Herbed Pork Chops Steamed Rice Steamed CA Blend Veggies Green Salad w/LF Dressing Chilled Applesauce	Meatloaf Mashed Potato w/Gravy Steamed Mixed Vegetables Garden Salad w/LF Dressing WW Roll w/Margarine Chilled Mixed Fruit	Chicken Caesar Wrap W/Chicken Romaine Lettuce LF Caesar Dressing & Parm Cheese, Shredded Carrots Chilled Beet Salad Chilled Diced Pears
<b>MONDAY 26*</b>	<b>TUESDAY 27*</b>	<b>WEDNESDAY 28*</b>	<b>THURSDAY 29</b>	<b>FRIDAY 30</b>
Country Fried Steak w/Gravy Parslied Red Potatoes Roasted Brussels Sprouts WW Roll w/Margarine Spiced Baked Pears	RC Bean & Cheese Enchilada Carrot Coins Garden Salad w/Dressing Chilled Fruit Cocktail	Hamburger Steak w/ Grilled Onions Baked Potato w/Sour Cream Green Salad w/LF Dressing WW Roll w/Margarine Chilled Pineapple Tidbits	Turkey and Cheese Sandwich Green Leaf Lettuce/Tomato Slices Fresh Made 3 Bean Salad Creamy Cuke & Tomato Salad Fresh Banana	Green Chili Frito Pie w/Pinto Beans, Beef & Cheese Steamed Chateau Blend Shredded Lettuce, Diced Tomato. Diced Onions Chilled Apricots