



PLEASE COME SUPPORT OUR
PROGRAM BY EATING LUNCH
WITH US
SUGGESTED DONATION \$2.00

Lunch is served from
11:30 to 12:30
& Salad Bar



Business hours
Open at 7:30a.m.
Close 4:30 p.m.

3 7:30 Open Gym 9:00 Yoga 11:30 Enhance Fitness 1:00 Creative Collective Jardineros 1:00 Billiards 2:00 Open Gym	4 7:30 Open Gym 8:15 Pilates 9:30 Zumba 10:00 Medicare 101 presentation 11:00 Mindful Meditation 1:00 Mahjong Mavens Jardineros 2:00 Open Gym	5 7:30 Open Gym 10:00 Project Linus 10:00 La Paranda 1:00 Mo Fit 1:00 Presentation how to make essential oils w/ Christine Fortier 3:15 Tai Chi	6 7:30 Open Gym 8:15 Pilates 10:00 Teeniors Tec Support 9:30 Yoga 11:30 Enhance Fitness 1:00 Chair Zumba Night time Play Date 4:00 p.m departure Agatha Christie -Spiders Web \$12.00 per ticket	7 7:30 Open Gym 8:30 Zumba 11:30 Enhance Fitness 1:00 Bingo 2:00 Open Gym
10 7:30 Open Gym 9:00 Yoga 9:00 Jemez View the Fall Leaves & Picnic Lunch 11:30 Enhance Fitness 1:00 Billiards 2:00 Open Gym	11 Closed for Veterans day 	12 7:30 Open Gym 10:00 Project Linus Meeting 1:00 Mo Fit 2:00 Advisory Council meeting 3:30 Party Planning w/ Karlene 3:15 Tai Chi	13 7:30 Open Gym 8:15 Pilates 9:30 Yoga 11:30 Enhance Fitness 12:30 Fall Festival for Home school kids.1:00-3:00 p.m. 1:00 Chair Zumba—IN DININGROOM	14 7:30 Open Gym 8:30 Zumba 11:30 Enhance Fitness 1:00 Bingo 2:00 Open Gym
17 7:30 Open Gym 9:00 Yoga 11:30 Enhance Fitness 1:00 Movie Monday@ Library sponsored by Linda Socha 1:00 Billiards 2:00 Open Gym	18 7:30 Open Gym 8:15 Pilates 9:30 Zumba 11:00 Mindful Meditation 1:00 Mahjong Mavens Jardineros 1:00 Billiards 2:00 Open Gym	19 7:30 Open Gym 10:00 Project Linus 10:00 La Paranda 11:30 YES Enhance Fitness 1:00 Mo Fit 1:00 VENDORS HELP DECORATE FOR HOLIDAY SALE 3:15 Tai Chi	20 7:30 Open Gym 10:00 Medicare 101 visit 11:30 NO ENHANCE FITNESS 11:30 Thanksgiving social No morning or afternoon activities this day	21 7:30 Open Gym 8:30 Zumba 11:30 Enhance Fitness 1:00 Bingo 2:00 Open Gym 3:00 Early Set up for Holiday Sale
24 7:30 Open Gym 9:00 Yoga 11:30 Enhance Fitness 12:30 Card Making with Kathy 1:00 Billiards 2:00 Open Gym	25 7:30 Open Gym 8:15 Pilates 9:30 Zumba 11:00 Mindful Meditation 1:00 Mahjong Mavens Jardineros 1:00 Billiards 2:00 Open Gym	26 7:30 Open Gym 10:00 Project Linus 11:30 Enhance Fitness 1:00 Mo Fit 3:15 Tai Chi	28 CLOSED FOR THANKSGIVING  Happy Thanksgiving	28 CLOSED FOR THANKSGIVING  Happy Thanksgiving