



Happy Halloween

OCTOBER 2025

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		WEDNESDAY 1*	THURSDAY 2*	FRIDAY 3
L F Milk Served w/Each Meal Can Fruit in Light Syrup WW= Whole Wheat GC=Green Chili RC=Red Chili HM = Honey Mustard	Senior Meal Suggested Donation Lunch \$2.00 Under 60 years \$6.00 Menu Subject to Change	Swedish Meatballs over Rice Steamed Broccoli Green Salad w/LF Dressing Chilled Tropical Fruit Salad	Glazed Sliced Ham Whipped Sweet Potatoes Steamed Green Beans WW Roll w/ Margarine Fresh Pear	Roast Beef Sandwich w/Cheese Green Leaf Lettuce Sliced Tomato Carrot/Raisin Salad Fresh Orange
MONDAY 6*	TUESDAY 7	WEDNESDAY 8*	THURSDAY 9	FRIDAY 10*
Artichoke Chicken Herbed Orzo Steamed Sicilian Veggies Green Salad w/LF Dressing Medium Banana	Baked Fish Bowl W/Cabbage, Pico de Gallo Cilantro Rice, Tortilla Chips Mango Chunks Oatmeal Raisin Cookie	Pepper Steak #48 Scalloped Potatoes Steamed Italian Grn Beans Caesar Salad WW Roll w/ Margarine Chilled Apricots	Chinese Chicken Salad w/Chow Mein Noodles, Toasted Almonds, Green Onions, Cilantro, Sesame Seeds & LF/Dressing Fortune Cookie Chilled Mandarin Oranges	Roasted Pork Loin w/Au Jus Roasted Herbed Red Potatoes Steamed Winter Veggies Green Salad w/LF Dressing WW Roll w/Margarine Baked Apple Slices
MONDAY 13	TUESDAY 14*	WEDNESDAY 15*	THURSDAY 16*	FRIDAY 17
Indigenous People's Day All Centers Closed	Pork Green Chili Stew Pinto Beans Diced Onions and Cabbage Green Salad w/LF Dressing Flour Tortilla Chilled Diced Peaches	Beef Pot Pie Steamed Broccoli/Red Pepper Green Salad w/LF Dressing WW Roll w/ Margarine Chilled Tropical Fruit Salad	Stuffed Chicken Breast Parslied Red Potatoes Steamed French Cut Green Beans WW Roll w/ Margarine Diced Pears	Frito Pie w/Pinto Beans, Ground Beef & Cheese Steamed Capri Veggies Shredded Lettuce/Tomato/Onions Fresh Banana
MONDAY 20*	TUESDAY 21	WEDNESDAY 22*	THURSDAY 23*	FRIDAY 24
Garlic/Ginger Chicken Steamed Corn Coconut Rice Fresh Orange	Hot Dog on a Bun Grilled Onions Coleslaw 3 Bean Salad Chilled Mixed Fruit	Santa Fe Chicken Chuckwagon Veggies Cilantro Lime Rice Squash and Diced Tomatoes Green Salad w/LF Dressing Chilled Fruit Cocktail	Meatloaf Mashed Potatoes & Gravy Steamed Mixed Vegetables Green Salad w/LF Dressing WW Roll w/ Margarine Chilled Apricots	BBQ Pork Sandwich Baked Beans Collard Greens Coleslaw Chilled Tropical Fruit
MONDAY 27*	TUESDAY 28	WEDNESDAY 29*	THURSDAY 30*	FRIDAY 31*
Salisbury Steak w/Mushroom Gravy Mashed Potatoes w/Gravy Steamed CA Blend Veggies WW Roll w/Margarine Mixed Fruit	Garden Salad w/Chicken/Egg Tomato, Red Cabbage, Shredded Carrots, Cucumber WW Roll w/Margarine Chilled Fruit Cocktail	Stuffed Bell Peppers w/Beef and Rice Steamed Cauliflower Green Salad w/LF Dressing WW Roll w/Margarine Chilled Diced Peaches	Pineapple Glazed Chicken Steamed Island Veggies Steamed Rice Green Salad w/LF Dressing Chilled Pineapple Tidbits	RC Beef & Cheese En-Chill-Adas Shredded Lettuce, Diced Tomatoes Pinto Beans Baked Cinnamon Apples Peanut Butter Cookie

FINAL