



SEPTEMBER 2025



MONDAY 1	TUESDAY 2	WEDNESDAY 3*	THURSDAY 4*	FRIDAY 5
HAPPY LABOR DAY ALL CENTERS CLOSED	Sloppy Joe Sandwich Roasted Red Potatoes Steamed Fresh Green Beans Fresh Granny Smith Apple	Honey Mustard Chicken Breast Wild Rice Blend Spinach, Onions and Grn Peas Spinach Salad w/LF Dressing Chilled Apricots NF Vanilla Yogurt	Posole Steamed Brussels Sprouts Garden Salad w/LF Dressing Flour Tortilla Freesh Orange	Tuna and Egg Sandwich Lettuce and Tomato Diced Beets Carrot/Raisin Salad NF Vanilla Yogurt Mixed Berries
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11*	FRIDAY 12*
Meatball Hoagie W/ Marinara Sauce Steamed Italian Green Beans Parslied Potatoes Strawberries & Bananas	Vegetable Chow Mein Eggs,Peas,Carrots,Green Onion Green Beans, & Bean Sprouts Asian Slaw w/LF Dressing Pineapple & Fortune Cookie Vanilla Yogurt	Beef Biscuit Pot Pie W/5 Way Veggies and Beef Broccoli & Red Peppers WW Roll w/Margarine Troical Fruit Salad	Chef's Salad W/Turkey, Ham,Rd Cabbage Tomato, Cheese, Egg, Cuke Croutons and LF Ranch Dressing Grape and Broccoli Salad WW Roll W/Marg Peach	Chicken Parmesan W/Pasta & Marinara Summer Squash Salad Chilled Apricots
MONDAY 15*	TUESDAY 16*	WEDNESDAY 17*	THURSDAY 18*	FRIDAY 19*
Salisbury Steak w/Mushroom Gravy Mashed Potatoes Mediterranean Veggies Garden Salad w/LF Dressing WW Roll w/Margarine Chilled Peaches	Green Chili Chicken Stew W/Potatoes,Corn, Onions,Carrots Cornbread w/Margarine Zuchinni & Fresh Diced Tomatoes Cornbread w/Margarine	Spaghetti w/Meatsauce Steamed Italian Veggies Garden Salad w/LF Dressing Fruit Cocktail	Crannberry Maple Chicken Fresh Asapagus Beet and Onion Salad WW Roll w/Margarine Fresh Pear	Calabacitas w/ Beef and Green Chili Spanish Rice Garden Salad w/LF Dressing Flour Tortilla Fresh Cantaloupe
MONDAY 22*	TUESDAY 23*	WEDNESDAY 24	THURSDAY 25	FRIDAY 26*
Sheperd's Pie w/Mixed Veggies & Beef WW Roll w/Margarine Bacon & Green Pea Salad Fresh Orange Chocolate Pudding	Turkey and Swiss Sandwich Lettuce Leaf,Tomato Slice Pickle Spear Cucumber & Tomato Salad Broccoli/Grape Salad	Frito Pie w/Beef and Beans Shredded Lettuce Diced Tomatoes Chateau Blend Veggies Fruit Salad	Meatloaf Mashed Potatoes w/Gravy Steamed Carrots/Green Beans WW Roll w/Margarine Fresh Apple	GC Cheese Enchilada Shredded Lettuce/Tomato Pinto Beans Steamed Capri Veggies Jell O Meidum Banana
MONDAY 29*	TUESDAY 30			
Country Fried Steak Mashed Potato and Gravy Steamed Mixed Veggies Garden Salad w/LF Dressing Cornbread w/Marg/Honey Fresh Plum	Santa Fe Chicken Sandwich W/Jack Cheese, Avacado Steamed Carrots Corn and Black Beans Fresh Mango Chunks	L F Milk Served w/Each Meal Can Fruit in Light Syrup WW= Whole Wheat GC=Green Chili RC=Red Chili HM = Honey Mustard		Senior Meals Suggested Donation Lunch \$2.00 Under 60 years \$6.00 Service from 11:30am Until 12:30pm Menu subject to Change
Final				

