

# Corrales Senior Center Calendar - May 2025 Activity Calendar

| Monday                                                                                                        | Tuesday                                                                                                                  | Wednesday                                                                                                                        | Thursday                                                                                                                | Friday                                                                                                          |
|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
|                                                                                                               |                                                                                                                          |                                                                                                                                  | 1                                                                                                                       | 2                                                                                                               |
|                               |                                         | 9:00 - 10:00 Yoga<br>10:00 - 11:00 Conversational Spanish Class<br>12:45 Bingo<br>9:00 - 4:00 Open Gym                           | 8:30 Zumba<br>9:45 - 10:30 Seated Zumba Gold<br>10:00 Project Linus (Quilt)<br>3:00 Ukele Group<br>9:00 - 4:00 Open Gym | 8:30 - 9:30 Line Dancing &<br>9:45 - 10:45<br>1:00 Star Quilting<br>2:00 - 3:00 Tai Chi<br>9:00 - 4:00 Open Gym |
| 5                                                                                                             | 6                                                                                                                        | 7                                                                                                                                | 8                                                                                                                       | 9                                                                                                               |
| 8:30 - 9:30 & 9:45-10:45 Yoga<br>9:30 Hook,Yarn & Needles<br>1:00 - 1:45 Chair Fitness<br>2:00 - 3:00 Tai Chi | 8:30 - Zumba<br>9:45 - 10:30 Seated Zumba G<br>9:00 - 4:00 Open Gym                                                      | 9:00 - 10:00 Yoga<br>10:00 - 11:00 Conversational Spanish Class<br>12:45 Jami fr. Medcare<br>12:45 Bingo<br>9:00 - 4:00 Open Gym | 8:30 Zumba<br>9:45 - 10:30 Seated Zumba Gold<br>10:00 Project Linus (Quilt)<br>3:00 Ukele Group<br>9:00 - 4:00 Open Gym | 8:30 - 9:30 Line Dancing &<br>9:45 - 10:45<br>1:00 Star Quilting<br>2:00 - 3:00 Tai Chi<br>9:00 - 4:00 Open Gym |
| 12                                                                                                            | 13                                                                                                                       | 14                                                                                                                               | 15                                                                                                                      | 16                                                                                                              |
| 8:30 - 9:30 & 9:45-10:45 Yoga<br>9:30 Hook,Yarn & Needles<br>1:00 - 1:45 Chair Fitness<br>2:00 - 3:00 Tai Chi | 8:30 - Zumba<br>9:45 - 10:30 Seated Zumba G<br>10:30-11:30 Coffee w/ A Cop<br>1:00 Grief Support<br>9:00 - 4:00 Open Gym | 9:00 - 10:00 Yoga<br>10:00 - 11:00 Conversational Spanish Class<br>12:45 Bingo<br>9:00 - 4:00 Open Gym                           | 8:30 Zumba<br>9:45 - 10:30 Seated Zumba Gold<br>10:00 Project Linus (Quilt)<br>3:00 Ukele Group<br>9:00 - 4:00 Open Gym | 8:30 - 9:30 Line Dancing &<br>9:45 - 10:45<br>1:00 Star Quilting<br>2:00 - 3:00 Tai Chi<br>9:00 - 4:00 Open Gym |
| 19                                                                                                            | 20                                                                                                                       | 21                                                                                                                               | 22                                                                                                                      | 23                                                                                                              |
| 8:30 - 9:30 & 9:45-10:45 Yoga<br>9:30 Hook,Yarn & Needles<br>1:00 - 1:45 Chair Fitness<br>2:00 - 3:00 Tai Chi | 8:30 - Zumba<br>9:45 - 10:30 Seated Zumba G<br>1:00 Mother's Day Dance & Snack Pot Luck<br>9:00 - 4:00 Open Gym          | 9:00 - 10:00 Yoga<br>10:00 - 11:00 Conversational Spanish Class<br>12:45 Jami fr. Medcare<br>12:45 Bingo<br>9:00 - 4:00 Open Gym | 8:30 Zumba<br>9:45 - 10:30 Seated Zumba Gold<br>10:00 Project Linus (Quilt)<br>3:00 Ukele Group<br>9:00 - 4:00 Open Gym | 8:30 - 9:30 Line Dancing &<br>9:45 - 10:45<br>1:00 Star Quilting<br>2:00 - 3:00 Tai Chi<br>9:00 - 4:00 Open Gym |
| 26                                                                                                            | 27                                                                                                                       | 28                                                                                                                               | 29                                                                                                                      | 30                                                                                                              |
| <b>CLOSED FOR<br/>MEMORIAL DAY</b>                                                                            | 8:30 - Zumba<br>9:45 - 10:30 Seated Zumba G<br>9:00 - 4:00 Open Gym                                                      | 9:00 - 10:00 Yoga<br>10:00 - 11:00 Conversational Spanish Class<br>12:45 Bingo<br>9:00 - 4:00 Open Gym                           | 8:30 Zumba<br>9:45 - 10:30 Seated Zumba Gold<br>10:00 Project Linus (Quilt)<br>3:00 Ukele Group<br>9:00 - 4:00 Open Gym | 8:30 - 9:30 Line Dancing &<br>9:45 - 10:45<br>1:00 Star Quilting<br>2:00 - 3:00 Tai Chi<br>9:00 - 4:00 Open Gym |

Activities Date & Time Subject to Change