

April 2024
Bernalillo Senior Center
(505) 867-9448

Mon	Tue	Wed	Thu	Fri
1 10am Coffee Social 2pm Heart to Heart Yoga	2 10:30am Moe Fitness 12:30 Senior Advisory Meeting (ALL WELCOME) 1pm Poker 3:30pm Yoga	3 8am Roadrunner Food Pantry 10am Bank Trip 1pm Salsa Making Make you own SALSA Ingredients provided	4 10am Bingo 10:30am Yoga 1pm-2:30pm Bingo 1:30pm Moe Fitness	5 8:30am Walmart 12:30pm Mexican Train
8 9am New 2You/Big Lots lunch at A & W 2pm Heart to Heart Yoga	9 10:30am Moe Fitness 1pm Poker 3:30pm Yoga	10 9:30am Train to Santa Fe for Lunch Tomasitas	11 10am Bingo 10:30am Yoga 1pm-2:30pm Bingo 1:30pm Moe Fitness	12 9:30am Local Shopping (Family Dollar/T & T/ Walgreens/Pharmacy Plus) 12:30pm Mexican Train
15 10am Coffee Social 12:30 Pena Blanca Bingo 2pm Heart to Heart Yoga	16 10:30am Moe Fitness 1pm Poker 3:30pm Yoga	17 9am Museum of Nuclear Science & History “DaVinci” \$15 lunch at Sadies	18 10am Bingo 10:30am Yoga 1pm-2:30pm Bingo 1:30pm Moe Fitness	19 9:30am FiveBElow 12:30pm Mexican Train
22 10am Coffee Social & Storehouse West Pantry 2pm Heart to Heart Yoga	23 10:30am Moe Fitness 1pm Poker 3:30pm Yoga	24 8:30am City of Las Vegas Museum lunch at Charlies	25 10am Bingo 10:30am Yoga 1pm-2:30pm Bingo 1:30pm Moe Fitness	26 10am Billiards Day 12:30 Birthday Social 12:30pm Mexican Train
29 9am Breakfast Abuelitas & San Mateo Movies 10am Coffee Social 2pm Heart to Heart Yoga	30 10:30am Moe Fitness 1pm Poker 3:30pm Yoga	<p>Please arrive 15 minutes prior to scheduled time for activity/trip. <u>The time listed for trips is DEPARTURE time.</u> You MUST sign-up for activities and trips. Activity sign-up sheets are located on the bulletin board in the fitness room. It is very important to sign-up to ensure an accurate count of participants for the activity/trip. <u>If we do NOT have participants signed up the trip and/or activity it may be cancelled due to lack of participation.</u> Please arrive 15 minutes prior to scheduled time for activity/trip</p>		