



MARCH 2024



TUESDAY 1

WEDNESDAY 2

THURSDAY 3

FRIDAY 1

L F Milk Served w/Each Meal
Can Fruit in Light Syrup
WW= Whole Wheat
GC=Green Chili
RC=Red Chili
HM = Honey Mustard



Senior Meal Suggested Donation
Lunch \$2.00
Under 60 years \$6.00
Menu Subject to Change
Lunch Served From:
11:30am-12:30pm

3 Cheese Spinach Lasagna
Seasoned Italian Vegetables
Caesar Salad w/Dressing
Garlic Breadstick
Mixed Fruit Cup

MONDAY 4*

TUESDAY 5

WEDNESDAY 6

THURSDAY 7*

FRIDAY 8

Country Fried Steak w Gravy
Mashed Potatoes
Cook's Choice Vegetable
Garden Salad w/Dressing
WW Roll w/Margarine
Mandarin Oranges

BBQ Rib Sandwich
Garlic and Dill New Potatoes
Normandy Blend Vegetables
Macaroni Salad
Cook's Choice Fresh Fruit

Green Chili Cheese Burger
Seasoned Tater Tots
Ranch Beans
Lettuce, Tomato, Onion, Pickle
Coleslaw
Diced Peaches

Lemon Pepper Chicken
Herbed Pasta
Winter Blend Vegetables
Caesar Salad w/Dressing
WW Roll w/Margarine
Fresh Melon

Smthd Bean & Chse Burrito
Steamed Corn
Zucchini & Onions
Spinach Garden Salad w/LF Dressing
Applesauce

MONDAY 11*

TUESDAY 12*

WEDNESDAY 13

THURSDAY 14*

FRIDAY 15

Baked Chicken Thighs
Roasted Potato Wedges
Steamed Cauliflower
Mixed Green Salad w/Dressing
WW Dinner Roll w/Margarine
Fresh Orange

Hamburger Macaroni
Seasoned Green Beans
Carrot & Raisin Salad
WW Roll w/Margarine
Baked Apple Slices

Bkd Ham w/Pineapple Glaze
Baked Sweet Potatoes
Brussels Sprouts
Tossed Salad w Dressing
Hawaiian Roll w/Margarine
Fresh Grapes

Beef Fajitas w Flour Tortilla
Pinto Beans
Chuck Wagon Corn
Shredded Lettuce/Tomato
WW Roll w/Margarine
Fresh Melon

Egg Salad Sandwich
3 Bean Salad
Lettuce Leaf & Tomato Slice
Pineapple Chunks
Cookie

MONDAY 18*

TUESDAY 19*

WEDNESDAY 20*

THURSDAY 21*

FRIDAY 22

Irish Corn Beef Stew
Steamed Cabbage w Onions
Mixed Green Salad w/Dressing
Cornbread w/Margarine
Chilled Fruit Cocktail

Pork Carnitas Taco
Pinto Beans
Spanish Rice
Shredded Lettuce/Diced Tomato
Fresh Apple

Meatloaf
Mashed Potatoes & Gravy
Mixed Veggies
Garden Salad w/Dressing
Biscuit w/Margarine
Honey Dew Melon

Spaghetti w Meat Sauce
Italian Vegetables
Steamed Carrots
Garlic Breadsticks
Fresh Pear

Baked Fish w/Tartar Sauce
Potato Wedges w. Catsup
California Vegetables
Coleslaw w/Raisins
WW Roll w/Margarine
Fresh Banana

MONDAY 25*

TUESDAY 26*

WEDNESDAY 27*

THURSDAY 28

FRIDAY 29*

Salisbury Steak w/Gravy
Mashed Potatoes
Brussels Sprouts
Garden Salad w/Dressing
WW Roll w/Margarine
Chilled Apricot Halves

Chicken Pot Pie
w/Mixed Veggies
Steamed Broccoli
Tossed Salad w/Dressing
Diced Pear Cup

BBQ Chicken Breast
Steamed Rice
Island Blend Vegetables
Carrot & Raisin Salad
WW Roll w/Margarine
Pineapple Tidbits

Frito Pie
Pinto Beans
Zucchini & Onion
Shredded Lettuce/Tomato
Flour Tortilla
Orange

Grn Chile Cheese Enchiladas
Steamed Seasoned Corn
Shredded Lettuce/Diced Tomato
Diced Peaches
Peanut Butter Cookie

Final Menu