



# NOVEMBER 2023



MONDAY	TUESDAY	WEDNESDAY 1*	THURSDAY 2*	FRIDAY 3
2% Milk Served w/Each Meal Can Fruit in Light Syrup WW=Whole Wheat GC=Green Chili,RC=Red Chili HM=Honey Mustard Menu Subject to Change		<b>Pepper Steak</b> Mashed Potatoes & Gravy Steamed Seasoned Broccoli Tossed Garden Salad w/Dressing WW Roll w/Margarine Pineapple Tidbits	<b>GC Beef Enchiladas</b> Chucwagon Corn Stmd Zucchini/ Onions Shredded Lettuce/Diced Tomato Mixed Fruit	<b>3 Cheese Baked Ziti w/</b> Marinara Sauce Italian Vegetables Caesar Salad w/ Dressing Garlic Breadsticks Diced Peaches
MONDAY 6	TUESDAY 7*	WEDNESDAY 8*	THURSDAY 9	FRIDAY 10
<b>Chicken Strips w/HM</b> Tater Tots Steamed Cauliflower Garden Salad w/Dressing Apricots	<b>Carnitas</b> Refried Beans Steamed Seasoned Corn Shredded Lettuce/Diced Tomato Tortilla Fresh Orange	<b>BBQ Chicken Breast</b> Rice/Orzo Pilaf Steamed Green Beans 3 Bean Salad WW Roll w/Margarine Tropical Fruit Cocktail	<b>Baked Ham</b> Scalloped Potatoes Garden Salad Seasoned Baby Carrots WW Roll w/Margarine Applesauce	
MONDAY 13*	TUESDAY 14*	WEDNESDAY 15*	THURSDAY 16*	FRIDAY 17
<b>Country Fried Steak</b> Mashed Potatoes w/Gravy Steamed Mixed Vegetables Garden Salad w/Dressing WW Roll W/Margarine Chilled Fruit Cocktail	<b>Smthd Beef &amp; Cheese Burrito</b> Pinto Beans Spanish Rice Shredded Lettuce/Diced Tomato Honeydew Melon	<b>GC Chicken Stew</b> w Diced Potato/Mixed Vegetables Steamed Carrots Tossed Salad w/Dressing Tortilla Fresh Apple	<b>Thanksgiving Turkey Roast</b> Mashed Potatoes/w Gravy Cornbread Stuffing/w Cranberries Mixed Green Salad w/Dressing WW Roll /w Margarine Pumpkin Cake/w Topping	<b>Egg Salad Sandwich</b> Carrot & Raisin Salad Lettuce Leaf & Tomato Slice Diced Pears Chocolate Chip Cookie
MONDAY 20*	TUESDAY 21	WEDNESDAY 22*	THURSDAY 23	FRIDAY 24
<b>Spaghetti w Meatsauce</b> Italian Vegetables Caesar Salad w/Dressing Garlic Breastick Fresh Pears	<b>Sandoval County Cobb Salad</b> w/Baby Corn,Turkey, HB Egg Tomato, Cheese,Bacon Bits Club Crackers & Croutons Applesauce	<b>Frito Pie w/Cheese</b> Chuckwagon Corn Shred Lettuce, Diced Tomato Flour Tortilla Baked Spiced Apples	<b>ALL CENTERS CLOSED</b> 	<b>ALL CENTERS CLOSED</b> 
MONDAY 27*	TUESDAY 28	WEDNESDAY 29*	THURSDAY 30	
<b>Chicken Stir Fry</b> Brown Rice Oriental Vegetables Tossed Salad w/Dressing WW Roll W/Margarine Fresh Peaches	<b>BBQ Pork Rib Sandwich</b> French Cut Green Beans Coleslaw Fresh Grapes Oatmeal Raisin Cookie	<b>Meatloaf</b> Mashed Potatoes & Gravy California Blend Vegetables Garden Salad w/Dressing WW Roll w/Margarine Tropical Fruit Cocktail	<b>Lemon Pepper Tilapia</b> Brown Rice Pilaf Capri Vegetables Broccoli Grape Salad WW Roll w/Margarine Fresh Apple	

Final Approved Menu