

Placitas Community Center

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<u>If you have any questions or suggestions/trip ideas for the Schedule please feel free to call Sandra or Lauren at the center 505-867-1396. Thanks!</u>				1 7:30-8:30 open gym 8:30-9:30 Zumba 11:30-12:30 Enhance Fitness 1:00 Bingo 1:00-3:00 Billiards 2:00 - 4:50 open gym
4 <u>Closed for the Observance of Labor Day</u>	5 7:30-8:15 open gym 8:15-9:15 Pilates 9:30-10:30 Zumba 9:30-11:30 Painting 1:00-3:00 Billiards 2:00 - 4:50 open gym	6 7:30-8:30 open gym 8:00 Food Pantry in Bernalillo. 9:30 PROJECT LINUS 1:00 Rock Pals/Rock Painting open forum 1:00 Game Day 12:00 -1:00 Enhance Fitness 3:30 Tai Chi	7 7:30-8:15 open gym 8:15am Pilates 9:30 10:45 YOGA 10:00 Local Shopping Walmart, Walgreens, Albertsons, Dollar Tree 11:30 YES! Enhanced Fitness 1:00 Chair Zumba Gold 2:00 - 4:50 open gym	8 <u>CLOSED</u> <u>REQUIRED STAFF</u> <u>TRAINING ALL DAY IN BERNALILLO.</u>
11 7:30-8:30 open gym 8:30 departure State Fair Senior Day 9:00-10:45 Yoga 11:30-12:30 Enhance Fitness 1:30-3:00 Billiards 2:00 - 4:50 open gym	12 7:30-8:15 open gym 8:15-9:15 Pilates 9:30-10:30 Zumba 9:30-11:30 Painting 1:00-3:00 Billiards 2:00 - 4:50 open gym	13 7:30-8:30 open gym 9:30 PROJECT LINUS 1:00 Rock Pals/Rock NO ENHANCE FITNESS Painting open forum 1:00 Game day 3:30 Tai Chi	14 7:30-8:15 open gym 8:15am Pilates 9:30 10:45 YOGA 11:30-12:30 YES! Enhance Fitness 1:00 Chair Zumba Gold 2:00 - 4:50 open gym	15 7:30-8:30 open gym 8:30-9:30 Zumba 11:30-12:30 Enhance Fitness 1:00 Bingo 1:00-3:00 Billiards 2:00- 4:50 open gym
18 7:30-8:30 open gym 9:00-10:45 Yoga 11:30-12:30 Enhance Fitness 12:30 Card Making with Kathy Morgan 1:30-3:00 Billiards 2:00 - 4:50 open gym	19 7:30-8:15 open gym 8:15-9:15 Pilates 9:30-10:30 Zumba 9:30-11:30 Painting 12:00-1:00 Enhance Fitness 1:00-3:00 Billiards 2:00- 4:50 open gym	20 7:30-8:30 open gym 9:30-12:00 Project Linus 1:00 Rock Pals/Rock Painting open forum 1:00 Game day 3:30 Tai Chi	21 7:30-8:15 open gym 8:15am Pilates 9:30-10:45 Yoga 1:00-2:00 Chair Zumba Gold 1:00-3:00 Decorate your own trinket box w/ Cathy Nieto 2:00 - 4:50 open gym	22 7:30-8:30 open gym 8:30-9:30 Zumba 11:30-12:30 Enhance Fitness 1:00 Bingo and Ice Cream Social BRING YOUR FAVORITE TREATS TO SHARE! 1:00-3:00 Billiards 2:00- 4:50 open gym
25 7:30-8:30 open gym 9:00-10:45 Yoga NO ENHANCE FITNESS 1:00 Advisory board & Volunteer meeting. 2:30 Norwex by Kathleen 1:30-3:00 Billiards 2:00 -4:50 open gym	26 7:30-8:15 open gym 8:15-9:15 Pilates 9:30-10:30 Zumba 9:30-11:30 Painting 11:30-12:30 YES! Enhance Fitness 1:00-3:00 Billiards 2:00- 4:50 open gym	27 7:30-8:30 open gym 9:30-12:00 Project Linus 12:00-1:00 Enhance Fitness 1:00 Rock Pals/Rock painting open forum 1:00 Game Day 3:30 Tai Chi	28 7:30-8:15 open gym 8:15am Pilates 8:30 Departure to El Rancho de Las Golondrinas 9:30 10:45 YOGA 1:00 Chair Zumba Gold 2:00 - 4:50 open gym	29 7:30-8:30 open gym 8:30-9:30 Zumba 11:30-12:30 Enhance Fitness 1:00 Bingo 1:00-3:00 Billiards 2:00- 4:50 open gym