



MARCH 2023



MONDAY	TUESDAY	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
 <p>St. Patrick's Day</p>	<p>LF Milk Served w/Each Meal Can Fruit in Light Syrup WW=Whole Wheat GC=Green Chili RC=Red Chili Lunch Served from 11:30-12:30 PM</p>	<p>Chicken Fajitas/w Peppers and onions Salsa Spanish Rice Steamed Cauliflower Shredded Lettuce/Diced Tomato Flour Tortilla Peaches</p>	<p>Hamburger Mac Brussel Sprouts Steamed Winter Blend Garden Salad w/LF Dressing WW Roll w/Margarine Orange</p>	<p>Bean & Cheese Burrito/wGC Steamed Corn Zucchini & Onions Spinach Garden Salad w/LF Dressing Apple Sauce</p>
MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10
<p>Meatball Hoagie Herbed Pasta Steamed Italian Vegetables Caesar Salad w/LF Dressing Tropical Fruit</p>	<p>Diced Beef Stroganoff Normandy Blend Vegetable Carrot Coins WW Roll w/margarine Tossed Garden Salad Chilled Pineapple Tidbits</p>	<p>Baked Ham Mashed Potatoes/Gravy Green Bean Almondine WW Roll/w Margarine Chilled Fruit Cocktail</p>	<p>Chef's Salad w/ Turkey, Ham, Tomato,Cheese& Egg Croutons Club Crackers Sliced Watermelon Jello-o-Cup</p>	<p>GC Cheese Enchiladas Pinto Beans Calabacitas Shredded Lettuce Diced Tomatoes Oatmeal Raisin Cookie</p>
MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
<p>Country Fried Steak Mashed Potatoes/Gravy Carrot Coins Garden Salad w/dressing Biscuit w/margarine Red Grapes</p>	<p>Baked Chicken Sandwich Roasted Potatoes Steamed Peas and Carrots Broccoli and Grape Salad Honey Dew Melon Sugar Cookie</p>	<p>Meat loaf Scalloped Potatoes Steamed Broccoli Spinch Garden Salad WW Roll w/margarine Diced Pears</p>	<p>Irish Corn Beef Stew Steamed Cabbage Tossed Salad w/Dressing Cornbread/w margarine Bacon and Pea Salad Banana</p>	<p>Breaded Fish Filet Taco Shredded Cabbage /Taco Sauce Rice Pilaf Chili Beans Cucumber and Tomato Salad Fruit Cocktail</p>
TUESDAY 20	WEDNESDAY 22	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
<p>Santa Fe Chicken Spanish Rice Steamed Broccoli/ Red Pepper Spinach Salad w/LF Dressing Cornbread wMargarine Chilled Mandarin Oranges</p>	<p>Pork Chop W/Gravy Seasoned Rice Pilaf Italina Green Beans Carrot Raisin Salad WW Dinner Roll/Margarine Apple</p>	<p>BBQ Chicken Thighs Baked Beans California Blend Vegetables Beet & Onion Salad WW Roll w/margarine Sliced Watermelon</p>	<p>RC Beef Enchiladas Pinto Beans Spanish Rice Shredded Lettuce Diced Tomatoes Orange</p>	<p>3 Cheese/Spinach Lasagna Italian Vegetables Garden Salad/ LF Dressing Garlic Breadstick Fresh Grapes</p>
MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 31
<p>Salisbury Steak/Mushroom Gravy Parslied Potatoes Winter Blend Vegetable Garden Salad w/dressing WW Roll w/Margarine Apricots</p>	<p>Frito Pie w/Beef & Beans Seasoned Chuckwagon Corn Shredded Lettuce/Diced Tomato Flour Tortilla Chilled Diced Pears</p>	<p>Chicken Soft Taco w/ Salsa Spanish Rice Zucchini & Onions Shredded lettuce/Diced Tomato Diced Peaches</p>	<p>Spaghetti w/Meat sauce Carrot Coins Italian Vegetables Garlic Breadstick Caesar Dressing/w LF Dressing Fresh Orange</p>	<p>Egg Salad Sandwich Leaf lettuce & Tomato Slice 3 Bean Salad Fresh Banana Chocolate Chip Cookie</p>

Final

Menu subject to change