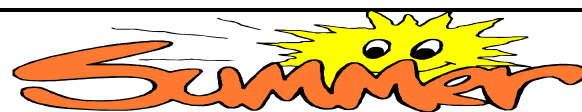




AUGUST 2022



MONDAY 1*	TUESDAY 2*	WEDNESDAY 3	THURSDAY 4*	FRIDAY 5*
Green Chili Chicken Stew Spanish Rice Steamed Corn Flour Tortilla Garden Salad w/LF Dressing Chilled Fruit Cocktail	Pulled Pork Sandwich Baked Beans Steamed Green Beans Garden Salad w/LF Dressing Chilled Applesauce Cookie	Tropical Chicken Pasta Salad w/Mandarin Orange, Pineapple Cranberries, Grn Onion, Celery WW Roll w/Margarine LF Coleslaw Dressing Chilled Peaches	Hot Dog Buttered Corn Baked Beans Fresh Watermelon Cookie	Tuna and Egg Salad Sandwich Lettuce, Tomato Coleslaw Italian Pasta Salad Fresh Orange
MONDAY 8*	TUESDAY 9*	WEDNESDAY 10*	THURSDAY 11*	FRIDAY 12*
Honey Mustard Chicken Breast Steamed Yellow Rice Steamed Veggies Bacon and Green Pea Salad WW Roll w/Margarine Chilled Pears	Chef's Salad w/Turkey, Ham, Tomato, Cheese & Egg Croutons Club Crackers Fresh Melon Pudding	Chicken Parmesan Pasta w/Marinara Sauce Steamed Italian Veggies Caesar Salad w/LF Dressing Breadstick Fruit	RC Cheese Enchiladas Black Beans w/ Corn and Rice Garden Salad w/LF Dressing Fruit	Pepperoni Pizza Casserole Steamed Veggies Creamy Cucumber Salad Garlic Breadstick Fruit Cookie
MONDAY 15*	TUESDAY 16	WEDNESDAY 17*	THURSDAY 18*	FRIDAY 19*
Artichoke Chicken Herbed Orzo w/Rice Steamed Veggies Garden Salad w/LF Dressing WW Roll w/Margarine Fresh Pear	BBQ Rib Sandwich Ranch Beans Steamed Veggies Macaroni Salad Chilled Peaches	Meatloaf Mashed Potatoes & Gravy Steamed Mixed Vegetables Garden Salad w/LF Dressing Biscuit w/Margarine Fresh Cantaloupe	Beefy Burrito Bake Pinto Beans Spanish Rice Shredded Lettuce/Tomato Fresh Cantaloupe Cookie	General Tso Chicken Steamed Rice Steamed Veggies Garden Salad w/LF Dressing Sweet Roll w/Margarine Fresh Orange/Fortune Cookie
MONDAY 22*	TUESDAY 23	WEDNESDAY 24*	THURSDAY 25*	FRIDAY 26
Country Fried Steak Mashed Potatoes & Gravy Steamed Mixed Veggies Garden Salad w/LF Dressing Biscuit w/Margarine Chilled Fruit Cocktail	Ham and Cheese Sandwich Lettuce, Tomato Coleslaw Italian Pasta Salad Fresh Watermelon Cookie	Sante Fe Chicken Cilantro/Lime Rice Steamed Zucchini and Onions Garden Salad w/LF Dressing Flour Tortilla Chilled Applesauce	4 Cheese Lasagna Steamed Veggies Caesar Salad w/LF Dressing Garlic Breadstick Fresh Grapes	Fish Filet Sandwich Rice Pilaf Steamed Veggies Kaleslaw Fresh Banana
MONDAY 29*	TUESDAY 30	WEDNESDAY 31		
Salisbury Steak w/Onion Gravy Mashed Potatoes & Gravy Steamed Cabbage Garden Salad w/LF Dressing Biscuit w/Margarine Fresh Apple	Chicken Caesar Wrap W/Tomato, Romaine Lettuce Parmesan Cheese Summer Salad Fruit Chilled Peaches	Spaghetti and Meatballs Steamed Italian Vegetables Caesar Salad w/LF Dressing Garlic Breadstick Orange	Senior Meals Suggested Donation Lunch \$2.00 Under 60 years \$6.00 Service from 11:30 am Until 12:30 pm Menu Subject to Change	L F 1% Milk Served w/Each Meal Can Fruit in Light Syrup or Juice WW= Whole Wheat GC=Green Chili RC = Red Chili LF = Lowfat HM = Honey Mustard

Final