



NOVEMBER 2021



MONDAY 1	TUESDAY 2*	WEDNESDAY 3	THURSDAY 4*	FRIDAY 5*
BBQ Rib Sandwich Baked Beans Steamed Corn Coleslaw Fruit	Green Chili Chicken Stew Pinto Beans Flour Tortilla Fruit Cookie	Breaded Chicken Sandwich Lettuce, Tomato, Pickle Ranch Beans Carrot and Raisin Salad Fruit	Beef and Cheese Lasagna Steamed Veggies Garden Salad w/LF Dressing Garlic Breadstick Fruit Dessert	Stuffed Chicken Breast Mashed Potatoes w/Gravy Steamed Veggies WW Roll w/ Margarine Garden Salad w/LF Dressing Fruit
MONDAY 8*	TUESDAY 9	WEDNESDAY 10*	THURSDAY 11	FRIDAY 12*
Baked Ham w/Pineapple Glaze Whipped Sweet Potatoes Steamed Veggies Biscuit w/Margarine Fruit	Tuna and Egg Sandwich W/Lettuce and Tomato Coleslaw Pasta Salad Fruit (Meatless Meal)	Santa Fe Chicken Spanish Rice Chuckwagon Corn Cornbread w/Honey& Margarine Fruit Dessert	HAPPY VETERAN'S DAY ALL CENTERS CLOSED 	Frito Pie Chuckwagon Corn Shredded Lettuce Diced Tomatoes Flour Tortilla Fruit
MONDAY 15*	TUESDAY 16*	WEDNESDAY 17*	THURSDAY 18*	FRIDAY 19
Chicken Fried Steak Mashed Potatoes w/Gravy Steamed Veggies Biscuit w/Margarine Fruit	Hamburger Steak with Grilled Onions Steamed Veggies Italian Pasta Salad WW Roll w/ Margarine Fruit	Southwest Tater Tot Casserole w/Mixed Veggies Steamed Veggies WW Roll w/Margarine Fruit	Thanksgiving Turkey Roast Cranberry Stuffing w/Gravy Green Beans Almandine Spinach Salad w/LF Dressing WW Roll w/Marg, Cran Sauce Pumpkin Pie	Sandoval County Cobb Salad w/Baby Corn, Turkey, HB Egg, Tomato, Cheese, Bacon Bits Club Crackers & Croutons Fruit
MONDAY 22*	TUESDAY 23*	WEDNESDAY 24*	THURSDAY 25	FRIDAY 26
Salisbury Steak Mashed Potatoes w/Gravy Steamed Veggies Biscuit w/Margarine Fruit	Savory Chicken Sage Stuffing Steamed Veggies Garden Salad w/LF Dressing WW Roll w/ Margarine Fruit	Meatloaf Mashed Potatoes & Gravy Steamed Mixed Veggies Biscuit w/Margarine Fruit	Happy Thanksgiving All Centers Closed 	Happy Thanksgiving All Centers Closed 
MONDAY 29*	TUESDAY 30			
Bean and Cheese Enchilada Spanish Rice Steamed Veggies Shredded Lettuce Diced Tomatoes Fruit	Thai Peanut Noodle Salad w/Diced Chicken Shredded Lettuce, Carrots, Diced Red Bell Pepper Sliced Green Onions WW Roll w/Margarine/Fruit	L F Milk Served w/Each Meal Can Fruit in Light Syrup WW= Whole Wheat GC=Green Chili RC=Red Chili HM = Honey Mustard	Senior Meal Suggested Donatio Lunch \$2.00 Under 60 years \$6.00 Service from 11:30 am Until 12:30 pm Menu Subject to Change	

Final