



# MAY 2021



MONDAY 3*	TUESDAY 4*	WEDNESDAY 5*	THURSDAY 6*	FRIDAY 7
<b>Pineapple Glazed Chicken</b> Over Rice Steamed Baby Carrots Sweet Roll W/Margarine Fresh Orange	<b>Black Eyed Peas and Ham</b> Steamed Green Beans Garden Salad w/LF Dressing Green Chili Cheese Cornbread Fresh Apple	<b>Pork Carnitas w/ Cheese</b> Pinto Beans Spanish Rice Flour Tortilla Fresh Banana HAPPY CINCO DE MAYO	<b>Fresh Spinach Lasagna</b> w/Marinara Sauce Steamed Italian Vegetables Garlic Breadstick Chilled Fruit Cocktail Peanut Butter Cookie	<b>Baked Salmon w/Lemon Butter</b> Rice Pilaf Steamed Cauliflower/Red Pepper Coleslaw WW Roll w/Margarine Chilled Diced Peaches
MONDAY 10*	TUESDAY 11*	WEDNESDAY 12*	THURSDAY 13	FRIDAY 14*
<b>Stuffed Chicken Breast</b> Herbed Rice and Orzo Steamed Brussels Sprouts WW Roll w/Margarine Chilled Pears	<b>Shepherds Pie</b> Steamed Veggies Garden Salad w/LF Dressing WW Roll w/Margarine Fresh Cantaloupe	<b>Breaded Chicken Sandwich</b> Lettuce Leaf, Tomato, Pickle Chips Baked Beans Steamed Mixed Vegetables Fresh Watermelon	<b>Tropical Chicken Pasta Salad</b> w/Mandarin Orange, Pineapple, Celery, Dried Cranberries, Green Onion & LF Dressing WW Roll w/Margarine	<b>Pork Posole</b> Steamed Zucchini & Onions Garden Salad w/LF Dressing Flour Tortilla Fresh Apple Oatmeal Raisin Cookie
MONDAY 17*	TUESDAY 18	WEDNESDAY 19*	THURSDAY 20*	FRIDAY 21
<b>Country Fried Steak</b> Mashed Potatoes w/Gravy Steamed Green Beans Garden Salad w/LF Dressing Biscuit w/Margarine Chilled Pineapple Tidbits	<b>English Muffin Sandwich</b> Egg, Ham and Cheese Hash Brown Casserole Baked Apples Orange Juice <b>BREAKFAST FOR LUNCH</b>	<b>Meatloaf</b> Mashed Potatoes & Gravy Steamed Mixed Vegetables WW Roll w/Margarine Fresh Grapes	<b>Baked Ziti w/</b> Mozzarella and Parmesan Cheese Steamed Vegetables Garden Salad w/LF Dressing Garlic Breadstick Chilled Fruit	<b>Cheeseburger</b> Lettuce, Tomato, Pickle Potato Salad Coleslaw Watermelon Cookie
MONDAY 24	TUESDAY 25	WEDNESDAY 26*	THURSDAY 27*	FRIDAY 28
<b>Sliced Pork Sandwich</b> W/BBQ Sauce & Pickle Chips Baked Potato Wedges Steamed Peas/Carrots Fresh Orange	<b>Chef's Salad w/Turkey, Ham,</b> <b>Tomato, Cheese &amp; Egg</b> Croutons Club Crackers Chilled Peaches Vanilla Pudding	<b>Frito Pie</b> Chuckwagon Corn Shredded Lettuce/Diced Tomato Flour Tortilla Fresh Cantaloupe	<b>GC Chicken Fettuccine Alfredo</b> Steamed Cabbage Garden Salad w/LF Dressing Garlic Breadstick Chilled Fruit Cocktail	<b>Breaded Fish Filet Taco with</b> Cabbage Sour Cream Taco Sauce Chili Beans Spanish Rice Chilled Peaches
MONDAY 31				
 All Centers Closed  <b>Memorial Day</b>	<b>Senior Meal Suggested Donation</b> Lunch \$2.00 Under 60 years \$6.00 <b>Menu Subject to Change</b> Lunched Served from 11:30 am - 12:30 pm		LF Milk Served w/Each Meal Can Fruit in Light Syrup WW= Whole Wheat GC=Green Chili RC=Red Chili HM = Honey Mustard	