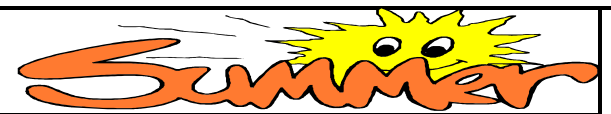




AUGUST 2020



| MONDAY 3* | TUESDAY 4* | WEDNESDAY 5 | THURSDAY 6* | FRIDAY 7* |
|--|---|---|--|---|
| Green Chili Chicken Stew Pinto Beans Chuckwagon Corn Flour Tortilla Garden Salad w/LF Dressing Fresh Orange | Hot Breaded Pork Sandwich w/Lettuce, Tomato, Onion Pickle Spear/Roasted Red Potato Steamed Broccoli Garden Salad w/LF Dressing Fresh Grapes | Tropical Chicken Pasta Salad w/Mandarin Orange, Pineapple Cranberries, Grn Onion, Celery WW Roll w/Margarine LF Dressing Fresh Banana | NFL PRE SEASON KICK OFF Chicken Bites w/BBQ Sauce Buttered Corn Baked Beans WW Roll w/Margarine/Coleslaw Fresh Melon/Cookie | Chicken Parmesan w/ Mozz & Parm Cheeses Pasta w/Marinara Sauce French Cut Green Beans Garden Salad w/LF Dressing Breadstick/Chilled Fruit Cocktai |
| MONDAY 10* | TUESDAY 11 | WEDNESDAY 12* | THURSDAY 13* | FRIDAY 14 |
| Savory Chicken Cornbread Stuffing Steamed Carrots Garden Salad w/LF Dressing WW Roll w/Margarine Chilled Peaches | Breakfast for Lunch Sausage Egg and Cheese Burrito w/GC Gravy Breakfast Potatoes Spinach, Mushrooms and Onions Orange Juice | Baked Glazed Ham Whipped Yams Steamed Brussels Sprouts Biscuit w/Margarine Green Pea and Carrot Salad Chilled Pears | RC Cheese Enchiladas Refried Beans Chuckwagon Corn Garden Salad w/LF Dressing Chilled Fruit Cocktail | Chef's Salad w/Turkey, Ham, Tomato, Cheese & Egg Croutons Club Crackers Fresh Orange Peanut Butter Cookie |
| MONDAY 17* | TUESDAY 18 | WEDNESDAY 19* | THURSDAY 20* | FRIDAY 21* |
| Baked Pork Chops w/Au Jus Herbed Orzo w/Rice Steamed Fresh Broccoli Garden Salad w/LF Dressing Garlic Breadstick Chilled Applesauce | BBQ Rib Sandwich Ranch Beans Steamed Peas and Carrots Tomato/Cucumber Salad Fresh Granny Smith Apple | Meatloaf Mashed Potatoes & Gravy Steamed Mixed Vegetables Garden Salad w/LF Dressing Biscuit w/Margarine Chilled Peaches | RC Bean & Cheese Burrito Spanish Rice Chuckwagon Corn Garden Salad w/LF Dressing Fresh Banana | Sweet and Sour Chicken Asian Noodles/Sweet Roll Steamed Fresh Cauliflower Garden Salad w/LF Dressing Chilled Applesauce Fortune Cookie |
| MONDAY 24* | TUESDAY 25* | WEDNESDAY 26* | THURSDAY 27* | FRIDAY 28 |
| Country Fried Steak Mashed Potatoes & Gravy Steamed Green Beans Garden Salad w/LF Dressing Biscuit w/Margarine Chilled Apricots | Hearty Beef Stew w/Mixed Veggies & Potato Steamed Rice Garden Salad w/LF Dressing WW Roll w/Margarine Fresh Pineapple Spear | Sante Fe Chicken Pinto Beans Steamed Zucchini and Onions Garden Salad w/LF Dressing Cornbread w/Honey& Margarine Fresh Orange | 4 Cheese Lasagna Steamed Italian Vegetables Caesar Salad w/LF Dressing Garlic Breadstick Chilled Peaches Cookie | Tortilla Crusted Tilapia Rice Pilaf Honey Glazed Fresh Carrots WW Roll w/Margarine Kaleslaw Fresh Cantaloupe |
| MONDAY 31* | | | | |
| Salisbury Steak w/Mushroom Grvly Mashed Potatoes & Gravy Steamed Cabbage Garden Salad w/LF Dressing Biscuit w/Margarine Chilled Mandarin Oranges | L F 1% Milk Served w/Each Meal Can Fruit in Light Syrup WW= Whole Wheat GC=Green Chili RC = Red Chili LF = Lowfat HM = Honey Mustard | | Senior Meals Suggested Donation Lunch \$2.00 Under 60 years \$6.00 Service from 11:30 am Until 12:30 pm Menu Subject to Change | |

Final