

# Corrales Senior Center

# January 2018

11:00 **Blood Pressure Checks** every Wednesday

First Thursday of the Month- Birthday Cake    3:00 Thursdays- Art Class

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> 8:30 Zumba Gold 10:00 Spanish 10:00 Knit and Crochet	<b>2</b> 8:15 and 9:30 Yoga 12:30 Sewing Club 12:30 Bingo 3:15 Tai Chi	<b>3</b> 8:30 Zumba Gold 10:00 Project Linus 2:00 PWR! Group 3:15 Ukulele Jam	<b>4</b> 8:30 & 9:30 Line Dance 2:00 Chair Tai Chi
<b>7</b> <b>8:30 Yoga</b> 12:30 Bingo 3:30 Tai Chi	<b>8</b> 8:30 Zumba Gold 10:00 Spanish 10:00 Knit and Crochet <b>1:00 Grief Support Grp</b>	<b>9</b> 8:15 and 9:30 Yoga 12:30 Sewing Club 12:30 Bingo 3:15 Tai Chi	<b>10</b> Zumba Cancelled 10:00 Project Linus <b>1:00 Transposing Music Class</b>	<b>11</b> 8:30 & 9:30 Line Dance 2:00 Chair Tai Chi
<b>14</b> <b>8:30 Yoga</b> 12:30 Bingo 3:30 Tai Chi	<b>15</b> Zumba Cancelled 10:00 Spanish 10:00 Knit and Crochet	<b>16</b> 8:15 and 9:30 Yoga <b>10:30 SC Assessor's Office</b> 12:30 Sewing Club 12:30 Bingo 3:15 Tai Chi	<b>17</b> 8:30 Zumba Gold <b>10:30 Lunch Club</b> 10:00 Project Linus 2:00 PWR! Group 3:15 Ukulele Jam	<b>18</b> 8:30 & 9:30 Line Dance 2:00 Chair Tai Chi
<b>21</b> <b>Closed</b> <b>Martin Luther King Jr Day</b>	<b>22</b> 8:30 Zumba Gold 10:00 Spanish 10:00 Knit and Crochet <b>1:00 Home Alone</b>	<b>23</b> 8:15 and 9:30 Yoga <b>10:00 Make A Blanket</b> 12:30 Sewing Club 12:30 Bingo 3:15 Tai Chi	<b>24</b> 8:30 Zumba Gold 10:00 Project Linus <b>4:00-6:30 Potluck &amp; Dance</b>	<b>25</b> 8:30 & 9:30 Line Dance 2:00 Chair Tai Chi
<b>28</b> <b>8:30 Yoga</b> 12:30 Bingo 3:30 Tai Chi	<b>29</b> 8:30 Zumba Gold 10:00 Spanish 10:00 Knit and Crochet	<b>30</b> 8:15 and 9:30 Yoga 12:30 Sewing Club 12:30 Bingo 3:15 Tai Chi	<b>31</b> 8:30 Zumba Gold 10:00 Project Linus 3:15 Ukulele Jam	