

Corrales Senior Center

July 2018

10:00- Knit and Crochet Group **11:00 Blood Pressure Checks every Wednesday**

10:00 Project Linus **First Thursday of the Month- Birthday Cake** **3:00 Thursdays-Fine Art Studio**

Monday	Tuesday	Wednesday	Thursday	Friday
2 3:30 Tai Chi	3 8:30 Zumba Gold 10:00 Spanish 11:30 Picnic on the Patio	4 Closed 	5 8:30 Zumba Gold 2:00 PWR! Group 3:15 Ukulele Jam 4:00 Preview Night at the Adobe Theater	6 8:30 & 9:30 Line Dance 12.30 Canasta/Hand & Foot 2:00 Chair Tai Chi
9 3:30 Tai Chi	10 8:30 Zumba Gold 10:00 Atomic Museum & Lunch Club	11 8:15 and 9:30 Yoga 12:30 Sewing Club 12:30 Bingo 3:15 Tai Chi	12 8:30 Zumba Gold	13 8:30 & 9:30 Line Dance 12:30 Canasta/Hand & Foot 2:00 Chair Tai Chi
16 3:30 Tai Chi	17 8:30 Zumba Gold	18 8:15 and 9:30 Yoga 12:30 Sewing Club 12:30 Bingo 3:15 Tai Chi	19 8:30 Zumba Gold 2:00 PWR! Group 3:15 Ukulele Jam	20 8:30 & 9:30 Line Dance 12:30 Canasta/Hand & Foot 2:00 Chair Tai Chi 4:00 Santa Fe Bandstand
23 3:30 Tai Chi	24 8:30 Zumba Gold 1:00 Summer Salad Cooking Demonstration	25 8:15 and 9:30 Yoga 12:30 Sewing Club 12:30 Bingo 3:15 Tai Chi	26 8:30 Zumba Gold 4:00 Potluck & Dance	27 8:30 & 9:30 Line Dance 12:30 Canasta/Hand & Foot 2:00 Chair Tai Chi
30 3:30 Tai Chi	31 8:30 Zumba Gold 1:00 Home Alone, The Artful Creation of a New Life			